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Comfortable Living

Spring 2024

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Spring Into Action On Your HVAC System

Spring is a great transition time when you can make changes that will set the stage for the rest of the year. Spring cleaning your home is one way to go about removing the old and making way for the new. Taking action on your HVAC system, which works hard year round, is another way to take care of your home's and family's needs. Here are five HVAC related tasks to take care of this spring.

Clean your airflow system

This task consists of replacing your filter (or upgrading it if necessary) and having your ductwork cleaned. You'll get rid of the winter accumulation of dust while keeping your HVAC system performing as it should. Remember that if you are upgrading your filter to talk to a professional about whether it will affect your blower performance so you can make the right decision for your needs.

Have your furnace and AC tuned up

Equipment tuneups are easy to postpone and you can get away with it for a short time. But if this is a habit or you've procrastinated too long, the effects could spell disaster for your furnace, air conditioner, and finances. Depending on the age of your HVAC system and the last time it was maintained, you need to make this a spring priority.

Have that ERV installed

If you've been going by on the bare minimum ventilation for your home, this spring is a great time to

Best Deviled Eggs Ever

www.goodhousekeeping.com/food-recipes/a48179/best-deviled-eggs-recipe/

Ingredients:

- 6 large eggs, hard boiled
- 2 tbsp. Mayonnaise
- 1 tsp. fresh lemon juice
- 1 tsp. Dijon mustard
- 1/2 tsp. hot sauce
- Kosher salt and pepper
- Crumbled bacon, sliced
- scallions and chives, chopped parsley and dill, for serving

Directions:

Halve eggs lengthwise. Transfer yolks to small bowl and mash with mayonnaise, lemon juice, mustard, hot sauce, and 1/8 tsp each salt and pepper. Spoon into egg whites and sprinkle with toppings as desired.



Contact Us For Help Today:

610-626-2540

www.ocomfort.com



Spring Into Action On Your HVAC System (Cont.)

upgrade. An energy recovery ventilator gives you fresh air directly from outside (as opposed to infiltration through doors to make up for exhaust air). It also preconditions the air so that it's closer to indoor temperature and humidity, saving energy.

Upgrade your thermostat
Springtime can be frustrating. Some days are warm, others are winter chilly. Your HVAC system has to contend with all of it, switching between heating and cooling. A thermostat upgrade might mean the difference between constant fiddling or setting and forgetting. Now is the time to consider upgrading to a programmable or smart thermostat to maintain your home's comfort levels.

Replace old equipment
As the weather warms up, the demand for new air conditioners and upgraded equipment rises. Don't wait for the summer heat to call in a professional to replace your air conditioner. Similarly, your furnace might have barely made it through winter. Now is the best time to replace it, while demand is waning and everyone is looking towards warmer days.

If you need help springing into action on your HVAC system, give us a call.

Coupon Corner

10% OFF Air Duct Cleaning

SINGLE USE ONLY. CANNOT BE PAIRED WITH ANY OTHER OFFER.
EXPIRES MAY-28-2024

\$89.00 Spring Tune Up

SINGLE USE ONLY. CANNOT BE PAIRED WITH ANY OTHER OFFER.
EXPIRES MAY-28-2024

The Benefit of One New Year's Resolution (Cont.)

It will impact other aspects of your life
Here's where you compound your efforts. By working on one resolution, the small amount of discipline required will spill over into other aspects of your life. For example, if your resolution is to go to bed early every night, you'll reap the benefits of better sleep leading to more productive days and greater overall success. You didn't have to focus on working harder or putting in more hours. That one step leads to other benefits.

You'll be less stressed
Who decides at the beginning of a new year to increase stress levels? Yet that is what multiple resolutions will cause as you

struggle to implement everything at once. Having one focus for the year allows you to manage your life in a more sustainable way without burning out and becoming discouraged.

You'll see results quicker
The more effort you pour into achieving one change in your life, the faster you'll move along that trajectory. When your focus is scattered and your attention divided, time and energy are frittered away while you run around trying to do it all.

Here's hoping that you stick to this New Year's resolution and achieve that important goal this year!

The Benefits of One New Year's Resolution

New Year's resolutions can be both empowering and discouraging. The hope of improving your life is energizing and motivating. If, however, you fall off the bandwagon, you end up frustrated and miserable. So how do you maximize your chance of success? There are many tricks you can use but the simplest one is to choose only one resolution and make it easy to implement. Here are five reasons why one New Year's resolution is all you need.

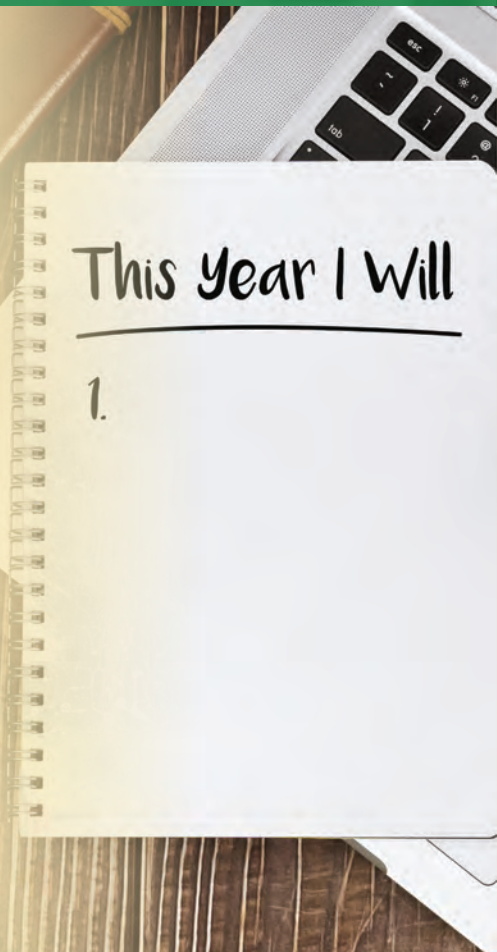
You're more likely to stick with it

You might have a running list of ways you want to improve your life but a complete overhaul in one go is not realistic. It's exhausting and

takes monumental self discipline as well as accommodation from those around you. With all the hurdles, it's no wonder that they fall off your radar until you just give up. Having one new goal to focus on is easier so you're more able (and therefore likely) to stick to it.

It helps develop self discipline

In terms of self discipline, you don't go from where you are to where you want to be all at once. It takes time and patience. Choosing and sticking to one resolution allows you to develop this discipline in a way that's longer lasting. You can develop this virtue in a sustainable way while enjoying the fruits of achieving your goal for the year.



Joke Section

The best housewarming gift...

Is a furnace.

Why did the HVAC technician break up with their girlfriend?

She was always too hot and cold.

HVAC WORD FIND



Find all of the HVAC words in the puzzle!

TECHNICIAN	W	E	B	S	P	R	I	N	G	L	A	C
THERMOSTAT	O	U	L	I	K	R	K	V	V	V	R	E
VENTILATOR	E	D	U	C	T	T	U	N	E	U	P	R
COMPRESSOR	C	O	M	P	R	E	S	S	O	R	E	A
SPRING	V	E	N	T	I	L	A	T	O	R	G	I
TUNEUP	O	T	H	E	R	M	O	S	T	A	T	N
RAIN	D	T	E	C	H	N	I	C	I	A	N	Y
DUCT	G	O	T	F	C	G	H	S	L	K	H	C

